



# Friends of Salt Springs Park

## August 2020

[www.friendsofsaltspringspark.org](http://www.friendsofsaltspringspark.org)

570-967-7275



### Trail Race Still On!

Because it draws a much smaller crowd (around 100) and the format can be changed to accommodate social distancing and masks, the annual Salt Springs Field, Forest and Falls Trail Race will still be held on the Saturday of Labor Day Weekend. As Race Director Diana Bean explains:



We'll have a rolling start from 8 a.m. to 9:15 a.m. (or later as needed). A few people at a time will cross the electronic starting mat every few minutes; times will be recorded at the finish. This allows social distancing among runners but offers friends and families the chance to run, or at least start, together. So no separate starts necessary for 5K and 10K.

**NO DAY-OF REGISTRATION!** Big change, but you have until Sept. 3 to check the weather, then register online at <https://runsignup.com/Race/PA/Montrose/SaltSpringsTrailRace>.

The courses will be a tad shorter, as you'll start on the other side of Fall Brook to avoid too much traffic on the single-lane bridge and also to avoid bunching up at the first stream-crossing.

No awards ceremony. No cash prizes -- but we have prizes to raffle, including gift cards from Confluence and an art print by photographer Joe Geronimo. No post-race snacks. No Celebration (our biggest fundraiser has been canceled because of its size.) There may be a food tent, where you can purchase items in a controlled and hygienic manner.

Finally, all runners must wear masks to the start line and immediately after finishing.

### Mark Your Calendar

[Full Details on Our Website](#)

**NOTE: Programs are adapted to comply with current pandemic health and safety guidance from the Dept. of Conservation and Natural Resources and the PA Dept. of Health and Human Services. At a minimum, we require participants to practice social distancing and to be respectful of other participants' personal space and comfort. Please bring a mask with you in case a situation arises where guidelines advise its use. See individual program listings for additional requirements.**

**Mushrooms and Mycelia. Saturday, August 29, 1 p.m.** Join our walk to find, identify, and photograph mushrooms. \$5; families, \$15; members, free.

**First Day / Full Moon Hike. Tuesday, September 1, 8:30 p.m.** Bring a snack to share around a campfire afterwards and a flashlight. \$5; families, \$15; members, free.

**Riparian Buffer Walk. Saturday, September 5, time, TBA.** Twenty volunteers planted 700 trees along Silver Creek to create a riparian buffer. View the site and learn why the buffer is important to our environment. Wear waterproof boots, as we cross the creek twice; an alternate route is available for those who cannot cross the creek. **Free-will donation.**

**Geocaching with Ron Nagy. Saturday, September 12, 1 p.m.** Ron will give us the basics. Then we'll head out for a hands-on treasure hunt. \$5; members, free.

**Archery for Beginners. Saturday, September 26, 10 a.m.** Our program is based on the National Archery in Schools program and taught by NASP-certified instructor **Diane Hawley-Wurth**. **Face masks are required. \$5; \$15/family.**

### More Warmies for Sale

We have added long-sleeved T-shirts (\$18) and hoodies (\$25), in a variety of colors and sizes, to our Gift Shop.



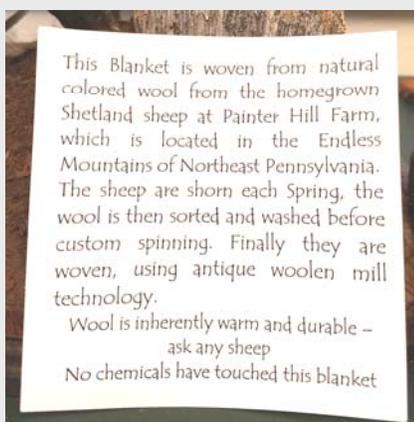
Although the Wheaton House is closed right now, the items will be available outside on the afternoons of Sunday, August 30, and Saturday, September 5 (and other days to be scheduled). Come check out the new gear - as well as our other T-shirts and caps.

As always, special arrangements can be made to see them by calling the office.

### Fundraising

As you can imagine, it's a challenge to raise enough money to operate Salt Springs Park when we've had to cancel our major annual fundraiser.

To help us pay the bills and to obtain a quality Salt Springs collector's item (and a practical one, too, as we head into fall and winter), you can now purchase a hand woven blanket made by Toby and Libby Anderson. Formerly of neighboring Painter Hill Farm, where they raised the sheep, processed the wool, and wove their blankets, Toby and Libby were founding members of the Friends.



Each blanket is twin sized, comes in a zippered blanket bag, and sells for \$100. Call the office to arrange a time to purchase yours while supplies last.

The image on the right is a close-up of the pattern.

