



Friends of Salt Springs Park

July 2012

www.friendsofsaltspringspark.org

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Simple Pleasures

My thought for this month was a photographic half-year in review. As I went back through the images, the phrase "simple pleasures" came to mind. This was the theme of our annual Celebration two year ago. It is also a rather succinct summary of the Friends' mission statement:

The Friends of Salt Springs Park will maintain the unspoiled, rural character of the park created by the Wheaton family. The Friends will provide opportunities to enjoy healthy outdoor recreation and education, while conserving the natural, scenic, aesthetic, and historical values of the park.

As you can see below, we have achieved and maintain our mission. The 842 acres we manage provide endless opportunities to celebrate life, love, families, friendships, and time alone in nature.

Thousands of people experience the simple pleasures of life here each year.

Let some of the enjoyment you feel when looking at these photos come from the knowledge that it is you — your memberships and donations, and time and enthusiasm — that makes these experiences possible.

How Is Our Garden Growing?



Wednesday, July 11, 2012.

Harvesting: What Is Our Garden Telling Us? Saturday, July 28, 1 pm.

Also in July

Sunday Meditations at Salt Springs. Sunday, July 29, 1 pm. Celebrate the element of Space.

Traversing Tremendous Trails

Let's get outside and hike (and ride)! More guided hikes and a ride have been scheduled throughout Salt Springs Park and the Friends land. Wear sturdy shoes and appropriate layering for the weather. Bring water, snacks, and an adventurous spirit!

Saturday, July 21, 10:30 am – 12:30 pm. Take a Walk on the WILD Side: Let us see what wildflowers and wild edibles we can find and identify. Bring your favorite guidebook, or use one of the park's ID books, and don't forget your camera! If time permits, enjoy lunch by one of the falls. Fee: \$5/person, free for members.

Friday, July 27, 6:30 – 8:30 pm. Bike 'n Hike: Ride the roads that border Salt Springs Park and the Friends land. Hike into the falls after the bike ride for a refreshing respite. 4, 8, and 12 mile loops will be considered based on riding levels of participants. A short talk will be included on biking safety, as well as basic maintenance. This ride is for adults only, since part of the ride will be on blacktop / state roads.

Wednesday, August 1, evening, time to be announced. Full Moon Hike: Folks are drawn to the full moon; folklore abounds. Maybe you have walked by the beach on a moonlit night, but what about in the forest? Or by waterfalls? Come out and experience some unusual beauty and see Salt Springs Park in a "new light!"



This young lady camped at the park on June 30 with Springville Scout Pack 97. Hiked, splashed, chatted, and hauled firewood in her camping clothes.



Stephen Clark and daughter Allannah celebrated their first Father's Day at the pavilion.



Late April. The plaque on the bench reads: "Donated by Shelley Lay & Jack Kaufman, who met at Salt Springs Park on Sunday, February 25, 1996." This is Shelley and Jack's first visit to their bench.



April 14. Patti Clarke and her catch.

Super moon, Saturday, May 5, by George Schreck.

