



# Friends of Salt Springs Park

May 2012

www.friendsofsaltspringspark.org

570-967-7275

## Cleanups

In the past 3 weeks, volunteers have removed tons – literally, counting the 1972-ish Chevy Chevelle up toward the Frog Pond – of unwanted materials from the grounds of Salt Springs and the Friends land. Members of church youth groups, scout troops, and running and hiking and kayaking groups, as well as families, friends, and individuals cleaned and cleared trails and blazed two new ones; picked up trash along the roads and in not-so-hidden dump piles scattered around; made huge progress eradicating invasive bamboo in two areas; and hauled out the nasty likes of rotting tires and a disintegrating couch. Here's today's haul . . . courtesy of Sandy Babuka and 12 others who joined her.



## From Weeds to Seeds—Gardening at Salt Springs

Saturday, May 12, 1 pm

Penn State Master Gardeners **Concetta Schirra** and **Dorrie Mininger** will walk you through the steps of becoming a successful veggie gardener. The garden series will focus on an organic approach to gardening while also employing other methods when appropriate. The series will continue throughout the growing season. The seven sessions will be held on Saturday afternoons at 1 p.m. Come for one, come for all.

*Program fee: \$8 per session, \$50 for entire series. Pre-registration required. E-mail or call 570-967-7275 today to reserve your spot.*

- **May 12:** Preparing New Beds: Dirt 101, Planning Crops, Seeds, and Plants
- **June 2:** Planting Day: Seeds and Plants
- **June 30:** Garden Maintenance and Weed Control
- **July 28:** Harvesting: What Is Our Garden Telling Us?
- **August 25:** Harvesting: What Are We Telling Our Garden?
- **September 29:** Harvesting: Finishing Strong!
- **October 27:** Put the Garden to Bed Party!



Dorrie Mininger and Concetta Schirra placing split logs around the raised beds.



Deer exclusion fence is finished.

Lots of volunteer labor went into this, including hours from George Schreck and Dorrie and Mark Mininger. For many more pictures of their progress, browse our albums "From Weeds to Seeds" and "Finishing Touches on the Fence" on Facebook.

## Upcoming

### Sunday Meditations at Salt Springs. Sunday, May 13, 1 pm.

Celebrate Mother Earth. Celebrate Life! Join us on a journey of exploring our spirituality through a series of guided meditations. **Anna D'Andrea**, certified meditation teacher, will be using the natural features of Salt Springs Park to help us discover our inner connections to the elements of Earth, Water, Fire, Air, and Space. This series of five meditational explorations will be held Sunday afternoons from 1 to 2:30 pm on May 13, June 3, June 24, July 8, and July 29. The first session celebrates the element of Earth.

*Appropriate for adults 18 and over. Program fee: \$10 per session; \$40 for entire series. Pre-registration required. E-mail or call 570-967-7275 today to reserve your spot.*

Anna D'Andrea is a certified yoga instructor, meditation teacher, and holistic healing practitioner/coach. She is the founder and director of the Self Discovery Wellness Arts Center in Montrose.

### Traversing Tremendous Trails.

Saturday, May 26, 1 pm.

Join us for the first in a series of hikes on this first day of DCNR and Keystone Trails Association's designated hiking week in Pennsylvania. Over the summer we'll hike through the park and Friends land. Wear sturdy shoes and appropriate layering. Bring water, snacks, and an adventurous spirit. *Free.* Other hikes will be announced.

## Fur-Bearing Animals in Pennsylvania

On April 28, the Friends were honored to host at Salt Springs one of the Susquehanna County Library's "Susquehanna County Reads" events, based on the novel *The Hunger Games*. Ed Price, trapper, Blue Ridge teacher, and member of PA Trappers Association District 9 displayed specimens of all 13 fur-bearing animals that live and can be trapped statewide, including at Salt Springs. (All others with fur are classified as either a game animal or a protected species.) Here's the fisher he brought.

